

TUNNEL RUN 2

That's right folks - due to popular demand it's back!

Object:

With your team forming a tunnel, move from the starting cone around the end cone and back around the original cone to their starting position as quickly as possible.



How to Play:

All of the participants from one land line up behind your assigned cone (which the BC will have set up and assigned) in two lines, facing each other, and put their hands together with the person across from them (like 'London Bridge'). The two people at the end of the 'tunnel' have to run through the tunnel to the front, and put their arms up again to form the tunnel. The team does this continuously; moving their tunnel from the cone where they started, all the way around a cone placed 50 yards down the field, then back to their original cone. The land that gets back to their cone and is sits down first wins. If they don't sit down, another group could win if they are sitting first.

Cautions:

- Please warn the participants to **keep their heads back** (not looking at the people running through) so that they don't get hit by the people running through.
- Caution the participants to run carefully and not elbow people as they run through and not slide on the ground, etc. This game will only be fun if we are careful!



Rules:

- Only one pair can be in the tunnel at a time
 - You can send the next pair once the previous pair gets to the end
- Participants need to be shoulder to shoulder, points could be lost if there are large gaps in the tunnel
- If there are an odd number of participants, a counselor should join so no participants are left sitting out.

Procedure:

- Line the participants up into their lines
- Cheering and creativity (within the rules) will earn you extra points– remember, just because you finish first doesn't mean you have the most points for the activity
- Sit down when finished