



People mover

Materials needed: Guys and Gals!!

Instructions:

Have all the participants stand in a circle with their arms linked. Tell the group that they cannot talk during this activity. Give them a destination to where they have to move their entire circle without anyone falling or coming unlinked. Then, have everyone stand in a circle facing outwards with their arms linked. This way they can't see each other, or really make gestures or facial movements to communicate and help them move the circle.

Discussion:

- 🔗 What were the differences between facing outwards and facing inwards in trying to move the circle?
- 🔗 What kinds of communication did you use to move the circle?
- 🔗 What made it difficult or easy to move the circle?
- 🔗 What kind of teamwork was needed to accomplish this task?
- 🔗 What ways does can this activity apply to our family relationships?