

## Mine field-variation #1

**Materials needed:** blindfolds, obstacles you have on hand (backpacks, chairs, etc.)

### **Instructions:**

Line up the participants in two lines facing each other; each person has a partner across from him or her. Beforehand, place obstacles in between the two lines of participants (Use backpacks, books, etc. that you or the participants have on hand. Please don't use scriptures.) These obstacles are 'mines' that, when stepped on or bumped into will be 'fatal' to the player. One line of people wears blindfolds; the other line across from them will be the 'guides'. The guides have to shout instructions to their partner to get them safely across the mine field without bumping into or stepping on any of the mines. The participants then change spots and the participant that was the guide is blindfolded and led through the mine field by their partner.

### **Discussion:**

- 🔊 Why was it difficult to cross the mine field?
- 🔊 Why couldn't you get across by yourself?
- 🔊 Why did the fact that there were so many people shouting to their partners make it more difficult?
- 🔊 Who did you have to depend on? Was it hard or easy to depend on them?
- 🔊 How did your partner help you?

## Mine field-variation #2

**Materials needed:** Blindfolds, obstacles that you have on hand (backpacks, chairs, etc.)

### **Instructions:**

Lie out the obstacles ('mines') on the mine field and tell the participants they have 45 seconds to memorize the obstacle course without blindfolds. Let them go through it and memorize it, then have them go to the start and put on blindfolds. While you are giving instructions, and the participants have their blindfolds on, have a partner remove all the obstacles from the mine field. Instruct the participants to try and cross the mine field as they memorized it, without stepping on or bumping into any of the mines. They then proceed to cross the mine field and think they are doing it perfectly because they don't hit any of the mines.

### **Discussion:**

- 🔊 How did this activity represent life?
- 🔊 What could the minefields represent in our lives?