



TWO TRUTHS & A LIE

Objectives:

To allow people to get to know and appreciate one another better, through discovering both common and unique interests and experiences.

To help level the playing field within a group through making human connections that isn't related to either organizational or power structures.

To help people begin to be more comfortable talking and listening with one another.

To begin to facilitate the process of people exposing something of themselves and their ideas to a group.

But most of all -- to have some FUN!

Design:

In groups of three to eight (depending on how much time you want to devote to this exercise) have individuals take turns making three statements about themselves -- two which are true; one that is a lie.

After an individual makes their statements, the other folks in the group discuss among themselves which seem most plausible and what is most likely to be the lie.

Once they come to some sort of consensus, the individual who made the statements not only tells which is the "lie" but also provides a bit more background about the "truths" as well as what made them think folks might have thought the "lie" was a "truth."

A group of three can easily do this in less than 10 minutes. A group of eight can take from 20 to 30 minutes.