

Balloon Relay

Object:

Be the first land to finish 3 rotations of the four balloon 'actions'

Each land needs to blow up 4 balloons for their team. Participants line up in 4 lines behind a cone. When the time starts, the first four participants run down to a cone placed at the other end of the field and back with a balloon between their knees. When all 4 of the participants get back, the next five take the balloons from the first ones to go and they run down and back standing back to back with a balloon in between them. When they are finished, the next four participants will do the crab walk down to the cone and back with the balloons on their stomachs. When they get back, the next four will go to the cone and back hopping with a balloon placed between their feet. Continue this rotation until your land has done all four of the actions 3 times and the first land to finish win.