



## Baby Steps



### Materials needed:

Blindfolds

### Blindfolds:

Place the blindfolds on the ground in a straight line. Make sure there are enough blindfolds for each participant plus one extra blindfold. The participants will each stand on a blindfold. The extra blindfold will be on the ground behind the last participant in the line. The youth will then try to make their way from one marker to the next, without stepping off of their blindfold (it is up to you to decide how far apart the markers should be placed). The youth should always have their hands on the shoulders of the person in front of them, except for passing the extra blindfold.



### Discussion:

- ✦ What were some of the challenges in accomplishing this activity?
- ✦ What did you do to overcome these challenges?
- ✦ How did you feel while doing this? (Frustrations, satisfactions, etc.)
- ✦ Help the youth relate this to their personal lives i.e. church callings, dealings with friends and family, jobs, etc. Take the discussion wherever the youth do.