



FIRST AID MERIT BADGE WORK SHEET (BYU/UVU PowWow)

Scout's Name

Instructor's Name

Scout's Address

City

State

Zip

Instructions

- 1) The Scout is to review the merit badge book before the first week of PowWow.
- 2) Complete requirement 5 by filling out the worksheet using your BSA Handbook and First Aid Merit Badge book.
- 3) Bring this work sheet, paper, and pencil or pen each week.

Requirement Instructions

Before PowWow

- 1) Review the first-aid requirement for the Tenderfoot, Second Class, and First Class Ranks
- 5) Complete the worksheet for requirement 5.

Session One

- *** Review the first-aid requirements for requirement 1 and 5.
- 2 a-c) Requirements 2 a-c will be passed off during the first session of PowWow
 - 4) Requirement 4 will be passed off during the first session of PowWow

Homework (To be done before session two.)

- 2 d) Requirement 2 d must be done at home before session two.

Session Two

- 3) Requirement 3 will be passed off during the second session of PowWow
- 6) Requirement 6 will be passed off during the second session of PowWow
- 7) Requirement 7 will be passed off during the second session of PowWow

Requirement 4**Initial****Do the following:**

a) Describe the signals of a broken bone. Show first aid procedures for handling fractures (broken bones), including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.

b) Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the head, neck, and back. Explain what measures should be taken to reduce the possibility of further complicating these injuries.

Homework (to be done before session two)

Requirement 2 d**Initial**

Prepare a first aid kit for your home. Display and discuss its contents with your counselor. Be prepared to discuss the contents with your counselor

Session Two of PowWow

Requirement 3**Initial****Do the following:**

a) Explain what action you should take for someone who shows signals of shock, for someone who shows signals of a heart attack, and for someone who shows signals of stroke.

b) Identify the conditions that must exist before performing CPR on a person. Then demonstrate proper technique in performing CPR using a training device approved by your counselor.

c) Explain the use of an automated external defibrillator (AED).

d) Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.

e) Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.

f) Explain the symptoms of heatstroke and what action needs to be taken for first aid and for prevention.

Requirement 6

Initial

Do two of the following:

- a) If a sick or injured person must be moved, tell how you would determine the best method. Demonstrate this method.

- b) With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.

- c) With your counselor's approval, arrange a visit with your patrol or troop to an emergency medical facility or through an American Red Cross chapter for a demonstration of how an AED is used.

Requirement 7

Initial

Teach another Scout a first-aid skill selected by your counselor.

Skill:

Person whom I will teach:

How did you teach the person the first aid skill?:

Was your teaching effective enough for the other person to go out and perform the skill successfully?:

Requirement 5 Worksheet

Condition	Symptoms	Proper First-Aid Procedures	Possible Prevention Measures
Hypothermia			
Convulsions/seizures			
Frostbite			
Dehydration			
Bruises, Strains, Sprains			

Requirement 5 Worksheet

Condition	Symptoms	Proper First-Aid Procedures	Possible Prevention Measures
Burns			
Abdominal Pain			
Broken, Chipped or Loosened Tooth			
Knocked out Tooth			
Muscle Cramps			