



THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS ADDICTION RECOVERY PROGRAM

References:

To find the times and locations of Addiction Recovery Program recovery meetings:

<http://www.providentliving.org/familyservices/strength/0,12264,2873-1,00.html>

Click on Addiction Recovery Support Groups (in right column)

Click on Area closest to your location

A Guide to Addiction Recovery and Healing:

<http://www.providentliving.org/familyservices/strength/0,12264,2873-1,00.html>

Click on Addiction Recovery Program

Click on *A Guide to Addiction Recovery and Healing*

Church News and Events, *Addiction Recovery Program Brings Individuals to Christ*, May 26, 2011

<http://lds.org/church/news/addiction-recovery-program-brings-individuals-to-christ?lang=eng>

Ensign Magazine, Lia McClanahan, “Addiction Recovery: Healing One Step at a Time”, *Ensign*, June 2009, p. 61
(see also June 2009 *Liahona*) (view online at LDS.org)

The World Report

Semiannual Church News Program April 2009 between sessions of LDS Conference:

<http://lds.org/library/display/0,4945,6635-1-4786-8,00.html>

The Power to Change

by President James E. Faust, *Ensign*, November 2007 (view online at LDS.org)

Individuals with Addictions Find Hope and Help

The Church of Jesus Christ of Latter-day Saints Newsroom:

<http://newsroom.lds.org/ldsnewsroom/eng/news-releases-stories/individuals-with-addictions-find-hope-and-help>

O That Cunning Plan of the Evil One

by Elder M. Russell Ballard, *Ensign*, November 2010 (view online at LDS.org)

Combating Pornography—Replacing darkness with light

<http://combatingpornography.org/cp/eng/>

For further information about the Addiction Recovery Program in your area contact your local LDS Family Services office, or your local program coordinator.

<http://www.providentliving.org/ses/emotionalhealth/contact/1,12169,2128-1,00.html>

THE TWELVE STEPS OF RECOVERY

Step The Original Twelve Steps of Alcoholics Anonymous

Doctrinal Foundation

The Adapted Twelve Steps of the Restored Gospel of Jesus Christ

(*Ensign*, June 2009, 61-65)

1	We admitted we were powerless over alcohol—that our lives had become unmanageable.	Honesty	Admit that you, of yourself, are powerless to overcome your addictions and that your life has become unmanageable.
2	Came to believe that a Power greater than ourselves could restore us to sanity.	Hope	Come to believe that the power of God can restore you to complete spiritual health.
3	Made a decision to turn our will and our lives over to the care of God as we understood Him.	Trust in God	Decide to turn your will and your life over to the care of God the Eternal Father and His Son, Jesus Christ.
4	Made a searching and fearless moral inventory of ourselves.	Truth	Make a searching and fearless written moral inventory of yourself.
5	Admitted to God, to ourselves and to another human being the exact nature of our wrongs.	Confession	Admit to yourself, to your Heavenly Father in the name of Jesus Christ, to proper priesthood authority, and to another person the exact nature of your wrongs.
6	Were entirely ready to have God remove all these defects of character.	Change of Heart	Become entirely ready to have God remove all your character weaknesses.
7	Humbly asked Him to remove our shortcomings.	Humility	Humbly ask Heavenly Father to remove your shortcomings.
8	Made a list of all persons we had harmed, and became willing to make amends to them all.	Seeking Forgiveness	Make a written list of all persons you have harmed and become willing to make restitution to them.
9	Made direct amends to such people wherever possible, except when to do so would injure them or others.	Restitution and Reconciliation	Wherever possible, make direct restitution to all persons you have harmed.
10	Continued to take personal inventory and when we were wrong promptly admitted it.	Daily Accountability	Continue to take personal inventory, and when you are wrong promptly admit it.
11	Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.	Personal Revelation	Seek through prayer and meditation to know the Lord's will and to have the power to carry it out.
12	Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.	Service	Having had a spiritual awakening as a result of the Atonement of Jesus Christ, share this message with others and practice these principles in all you do.