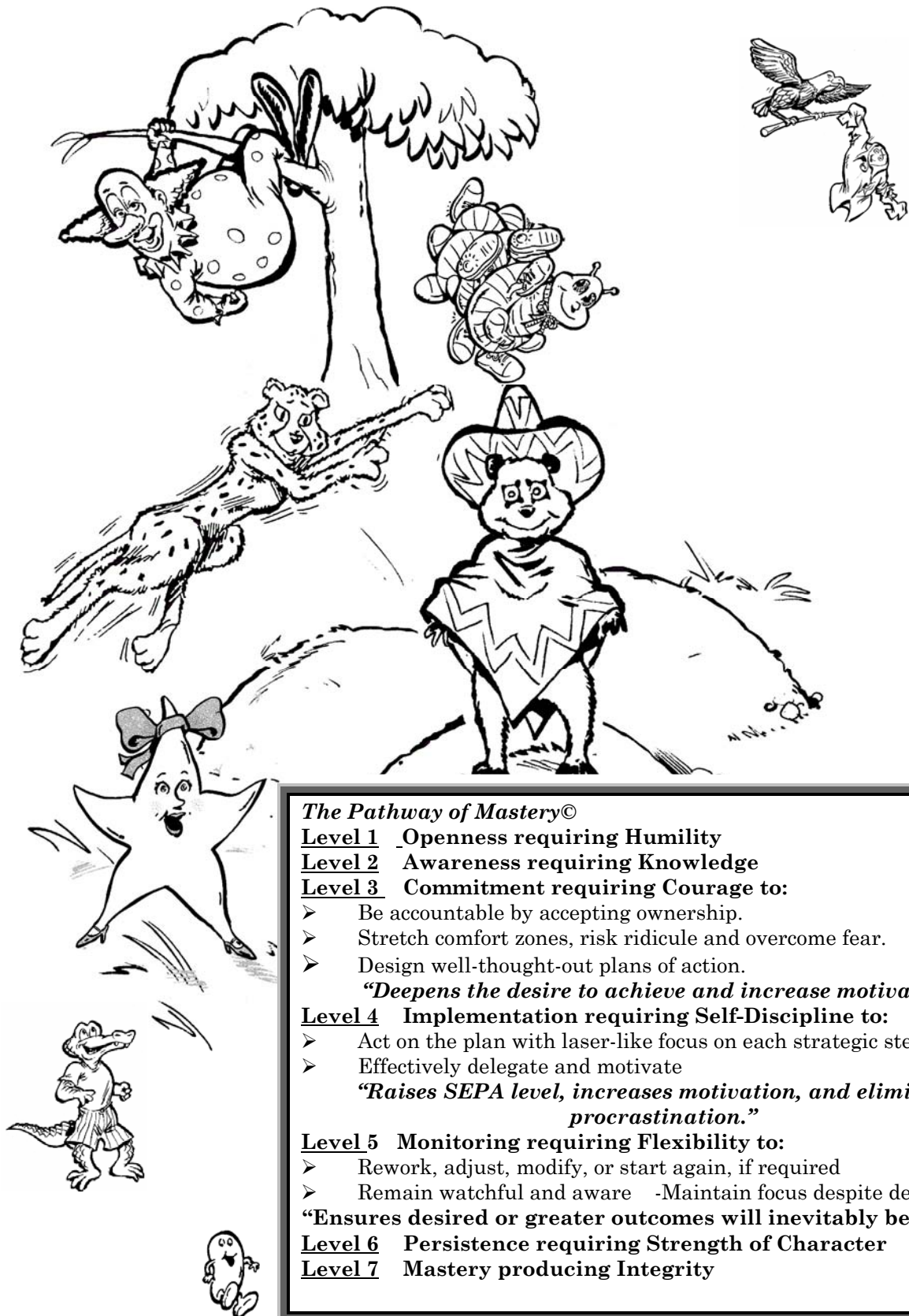


Trials – Our Great Ally

Session 3

(Rom 8:28; 1 Peter 1:7)



The Pathway of Mastery©

Level 1 Openness requiring Humility

Level 2 Awareness requiring Knowledge

Level 3 Commitment requiring Courage to:

- Be accountable by accepting ownership.
- Stretch comfort zones, risk ridicule and overcome fear.
- Design well-thought-out plans of action.

“Deepens the desire to achieve and increase motivation”

Level 4 Implementation requiring Self-Discipline to:

- Act on the plan with laser-like focus on each strategic step in order.
- Effectively delegate and motivate

“Raises SEPA level, increases motivation, and eliminates procrastination.”

Level 5 Monitoring requiring Flexibility to:

- Rework, adjust, modify, or start again, if required
- Remain watchful and aware -Maintain focus despite deterrents

“Ensures desired or greater outcomes will inevitably be achieved”

Level 6 Persistence requiring Strength of Character

Level 7 Mastery producing Integrity

1. V _____ (the meerkat) VAL __ leads to .DES ___ to .P_____ to . A_____.
- *Live by sound Values congruent with achieving inner harmony.*
 - *Build organizations around these values.*

The degree of Value I place on any attainment determines the degree of Desire and Power available to achieve it. Maintains motivation. (Alma 41:5)

“Motivation Towards Desired Outcomes Through Values And Standards Congruent To Vision”

2. R _____ (the clown) R _____ ? I _ N _ D _ I _ N _ _ (Deut. 14:2)

- *Use as a benchmark to think outside “the normal”.*
- *Dare to be different.*
- *Think laterally.*
- *Think outside the square.*

Anything different or new may at first seem ridiculous or radical.

To expand comfort zones and develop new paradigms of thinking - radical change requires radical thinking.

Opens up realms of new possibilities and opportunities. Develops proactivity.

“Lateral Thinking Through Daring To Be Different”

3. S _____ (the cheetah) Find the outer limits of my C_____ Z_____ and _____ *ch* a little (2 Nephi 28:30)

- *Continually look for ways to improve.*
- *Be a GEM ! (Go the Extra Mile).*

Knowledge correctly applied reduces fear. Increases SEPA (Self Esteem Positive Attitude) Level.

Helps increase flexibility as new paradigms are developed. More open, willing and ready to accept change.

“Continuous Growth Through Constant Challenge”

4. S _____ (the star) S ____ .T _____ .A _____ .R _____ (James 3:2-10)

- *What I Say leads to the way I think which determines my actions thus produces results.*
- *To achieve positive then speak positive.*

We create through the words we speak.

“Encouragement Through Positive Dialogue”

5. S _____ (the caterpillar) to maintain control S _____ ; take O __ step at a time and be F _____ I am best propelled by a sense of *calm urgency* than a sense of *stressful necessity*. (Mosiah 4:27)

- *Don't rush in or take things too seriously.*
- *Focus on One Thing at a time.*
- *Adjust to change.*

Smile: Releases endorphins causing a feeling of well being helping to keep us relaxed, creative and energized.

One Step at a time: Maintains order and efficiency by assisting us to *get there fast by going slow*.

FLEXibility: Better able to adjust / adapt to change and maintain control.

Assists in keeping calm and managing stress.

“Increased Productivity Through Stress Management”