

# Controlling the Seemingly Uncontrollable

Session 1  
(2 Timothy 1:7)



*M. J. J.*



## ***The Pathways of Mastery***©

### **Level 1 Openness requiring Humility To:**

- Be willing to listen sincerely to the opinions & ideas of others
- Be willing to graciously accept feedback
- Be willing to admit when wrong
- Be willing to make whatever changes are necessary

***“Opens door to abundant opportunities”***

**Level 2 Awareness requiring Knowledge**

**Level 3 Commitment requiring Courage**

**Level 4 Implementation requiring Self-Discipline**

**Level 5 Monitoring requiring Flexibility**

**Level 6 Persistence requiring Strength of Character**

**Level 7 Mastery producing Integrity**

1. **R \_ \_ \_ \_ (the crocodile) R \_ \_ \_ \_ O \_ \_ \_ \_ \_ M \_ \_ \_ \_ \_ P \_ \_ \_ \_ \_ A \_ \_ \_ \_** (Job 41, D&C 98:1-2)

- *Use at the beginning of each day or project.*
- *A System of Personal and Organizational Mastery/Preparation & Control.*

Relax: Enhances Creativity, Restores Energy

Observe: Gather Data – Evaluate Determine Current Reality

Patience: Re-evaluate – Adjust If Necessary

Manage: Layout Action Plan – To Control

Act: Simply Do It – Move with Focused Action

“Removing Fear Through Preparation”

2. **I \_ \_ \_ \_ (the Eagle) Personal I \_ \_ \_ \_ \_ (honesty) C \_ \_ p \_ \_ is always C \_ \_ p \_ \_ no matter how much we w \_ \_ \_ it up.**  
Live free of R \_ \_ \_ \_ . (II Cor. 4:2)

- *Be honest about self – to self and others. Follow through on commitments.*
- *Remove false facades. Accept who I was, loving who I am, Excited about who I am becoming.*

Greatly assists in developing a sense of personal freedom. Encourages others to be honest with me.

Builds trust and respect. Develops SEPA (Self Esteem Positive Attitude) and thus Assertiveness Skills.

“Reciprocal Honesty Through Personal Integrity”

3. **H \_ \_ (the bear) H \_ \_ \_ \_ \_** (Ether 12:27)

- *It's strong to admit when wrong.*

Encourages others to do the same. Builds trust and develops integrity in relationships.

Enhances personal and professional development. Amongst the most important of all leadership qualities.

“Eliminating Pride Through Humility”

4. **I \_ \_ \_ (the snowflake) Make Allowances for I \_ \_ \_ \_ \_ differences Don't make r \_ \_ \_ j \_ \_ \_ \_ \_ ments**  
Don't d \_ \_ \_ p \_ \_ \_ \_ \_ ins on one another from 20 feet (I Cor. 12:14-18)

- *Respect that other people may have different points of view. Remain Open to Consider All Options/Ideas.*

Assists to develop and maintain harmonious relationships. Creates an environment of respect, trust and support.

Helps to avoid unnecessary conflict. Encourages open and honest communication.

“Unity Through Diversity”

5. **G \_ \_ \_ (the Firefly) (D&C 136: 23-24)**

- *Leave others \_ \_ \_ \_ \_ ing by saying or doing things that support and encourage them.*

Improves the self worth of both the giver and the receiver. Opens up two way communication.

Builds respect, trust and assists in team cohesiveness.

“Edifying Through Support and Encouragement”

6. **F \_ \_ \_ \_ (the dolphin) F \_ \_ \_ \_ \_ veness (D&C 64:8-10)**

- *Forgive yourself and those you have allowed to intentionally or unintentionally offend, hurt or disappoint you.*

Strengthens the immune system. Strengthens relationships. Develops inner peace and harmony.

It is the champion of healing and inner contentment.

“Spiritual & Physical Well Being Through Forgiveness”