

## Shopping Smarter – How Low Can You Go Below Retail?

Small Sample of Products I Purchased at Retail Stores between November 2009 and April 2010.

All retail prices are from Smith's Grocery Stores, except for products with an \*

<b>Products Purchased</b>	<b>Retail Price</b>	<b>I Paid</b>
Fresh Chicken Breast Tenders 1 lb.	\$3.49	\$1.59
Porterhouse or T-bone Steak 1 lb.	\$9.49	\$2.98
Ridley's 1% Milk Gallon	\$2.19	.85
Western Family Large Eggs Grade AA Dozen	\$1.59	.50
Russet Potatoes 10 lb. bag	\$1.89	.58
Broccoli 1 lb.	\$1.29	.34
Asparagus 1 lb.	\$2.49	.79
Bananas 1 lb.	.49	.33
Strawberries 1 lb.	\$3.99	.99
Whole Fresh Pineapple 5 lbs.	\$5.45	.99
Skippy Peanut Butter 16.3 oz.	\$3.29	.69
Ragú Pasta Sauce 1 lb. 10 oz.	\$1.81	.69
Nabisco Snack Crackers 7.5 oz – 9.5 oz.	\$3.28	.50
Kellogg's Special K Cereal 12 oz.	\$3.60	.50
Planters Mixed Nuts Lightly Salted 11.5 oz.	\$4.99	\$1.50
Hershey's Kisses & Miniatures & Reese's and KitKat <b>3 Big Bags</b>	\$17.97	.97
Diet 7up Soda Pop 12 pack	\$4.99	\$1.45
Ridley's Pharmacy Prescription Filled – paid \$5 got a \$25 Gift Card*	\$5.00	-\$20.00
Angel Soft Bathroom Tissue 12 Mega Rolls = 32 Regular Rolls	\$8.99	\$4.49
Bounty Paper Towels 2 Rolls	\$3.58	\$1.34
Kleenex Expressions Facial Tissues 185 ct.	\$2.19	.69
Reynolds Wrap Aluminum Foil 80 Square Foot Roll	\$4.79	.24
Band-Aid Disney/Pixar Cars Adhesive Bandages 20 ct.	\$3.29	.14
G. E. Reveal Light Bulbs <b>Two</b> 4 packs	\$9.98	FREE
Scotch Magic Tape ¾"x500 inches 1 roll	\$2.59	.50
Snuggle Fabric Softener (40 loads) <b>or</b> Snuggle Dryer Sheets 80 ct.	\$5.29	.99
Windex Glass <b>or</b> Multi-Surface Cleaners 26 oz.	\$3.99	.49
Lysol Power Toilet Bowl Cleaner 16 oz.	\$3.19	FREE
L'OREAL Double Extend Mascara	\$11.19	\$1.74
Nivea A Kiss of Flavor Lip Moisturizer	\$2.99	FREE
Bath & Body Works Body Cream 8 oz.*	\$12.00	FREE
Bath & Body Works Foaming Hand Soap 8.75 oz.*	\$5.00	.84
Colgate Total Advanced Clean Toothpaste 4.0 oz.	\$2.75	FREE
Oral-B CrossAction Power Toothbrush	\$7.99	FREE
Contac Cold & Flu Medicine 16 Day Caplets & 12 Night Caplets	\$5.99	FREE
APT. 9 Cashmere Cardigan <b>and</b> Croft&Barrow White Sweater*	\$130.00	\$6.47
Clarks Artisan Black Shoes 1 Pair*	\$99.00	\$9.70
Disney Characters Boy's Briefs 7 pair pack*	\$15.00	FREE
Toy Story & Toy Story 2 Blue Ray & DVD & 2 Free Tickets to TS 3	\$96.48	\$9.58
Children's Hardcover Book <i>The Mitten</i> by Jan Brett*	\$17.99	\$4.49
<b>Totals</b>	<b>\$531.55</b>	<b>\$37.94</b>
Hours average wage earner would have to work to pay for products	<b>52.68 hours</b>	<b>3.76 hours</b>