



FIRST AID

The 2012 Spring PowWow

Official Merit Badge Worksheet

Scout's Name

Instructor's Name

Scout's Address

City

State

ZIP

Instructions

- 1) The Scout is to review the merit badge book and complete the indicated requirements before the PowWow.
- 2) Bring this worksheet, paper, and pencil or pen each week.
- 3) **Bring a Merit Badge blue card with you on the second week.**

Requirement Instructions*

Before PowWow

Requirement 1 - Review the first aid requirement for the Tenderfoot, Second Class, and First Class Ranks
Requirement 5 – Complete the worksheet for requirement 5 at the end of this worksheet.

Session One

Requirements 1 and 5 should have been completed and will be reviewed and signed off.
Requirements 2a, 2b, 2c and 4 will be passed off during the first session of PowWow.

Homework

Requirement 2d must be completed before the second session of PowWow.

Session Two

Requirement 2d will be reviewed and passed off during the second session of PowWow.
Requirements 3, 6, and 7 will be passed off during the second session of PowWow.

*** Due to possible time constraints at the PowWow, certain requirements that were originally planned to be completed in class may need to be completed as homework. Please LISTEN to ALL INSTRUCTIONS in class to be aware of any changes.**

Requirement 1

Initial

Satisfy your counselor that you have a current knowledge of all first-aid requirements for Tenderfoot, Second Class, and First Aid Class ranks.

Requirement 2

Initial

Do the following:

- a. Explain how you would obtain emergency medical assistance in the following situations:

From your home:

On a wilderness camping trip:

During an activity on open water:

- b. Explain the term *triage*.

c. Explain the standard precautions as applied to bloodborne pathogens.

d. Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.

Requirement 3

Initial

Do the following:

a. Explain what actions you should take for the following people:

Someone who shows signals of shock:

Someone who shows signals of a heart attack:

Someone who shows signals of a stroke:

b. Identify the conditions that must exist before performing CPR on a person.

Demonstrate proper technique in performing CPR using a training device approved by your counselor.

c. Explain the use of an automated external defibrillator (AED).

d. Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist.
Explain these steps here.

Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.

e. Explain when a bee sting could be life threatening.

Explain what action should be taken for prevention and for first aid.

f. Explain the symptoms of heatstroke

Explain what action should be taken for first aid and for prevention.

Requirement 4**Initial**

Do the following:

- a. Describe the signals of a broken bone.

Show first-aid procedures for handling fractures (broken bones), including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials.

- b. Describe the symptoms and possible complications for injuries to the head, neck, and back.

Demonstrate proper procedures for treating suspected injuries to the head, neck, and back.

Explain what measures should be taken to reduce the possibility of further complicating these injuries.

Requirement 5**Initial**

Describe the symptoms, proper first-aid procedures, and possible prevention measures for hypothermia; convulsions/seizures; frostbite; dehydration; bruises, strains, and sprains; burns; abdominal pain; broken, chipped, or loosened tooth; knocked out tooth; and muscle cramps. You may use the internet to help you.

Requirement 6**Initial**

Do TWO of the following:

- a. If a sick or an injured person must be moved, tell how you would determine the best method.

Demonstrate this method.

- b. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
- c. With your counselor's approval, arrange a visit with your patrol or troop to an emergency medical facility or through an American Red Cross chapter for a demonstration of how an AED is used.

Requirement 7**Initial**

Teach another Scout a first-aid skill selected by your counselor.

Merit badge work sheets will not be accepted at the Council Office in place of the official Merit Badge Application Card. Those who do not complete all the requirements should take their partially completed merit badge work sheet and their official application card to their local merit badge counselors for completion.