



FAMILIES UNDER FIRE

"In the Quiet Heart is Hidden Sorrow That the Eye Can't See"

FEEDBACK

BYU.EDU | [Continuing Education](#) | [Conferences & Workshops](#) | [Families Under Fire](#)

NAVIGATION

Families Under Fire

[Food and Lodging](#)

[Presenter Profiles](#)

[Rebroadcasts](#)

[Registration](#)

[Schedule](#)

[Financial Aid](#)

[Tuition and Credit](#)

[Transcripts](#)

[Contact Us](#)

TOOLS

 [Tell a Friend](#)

 [Printable View](#)

2006 BYU Families Under Fire

**October 2–3, 2006
Monday–Tuesday**

CONFERENCE THEME

"In the Quiet Heart is Hidden Sorrow That the Eye Can't See"

WHAT

The Families Under Fire conference is an annual event designed to give specific hands-on information and hope to families and church

leaders who are struggling or dealing with different, real, and even tragic problems attacking our society, families, and individuals today. This conference features speakers who are experts in the fields of therapy, counseling, and family issues.

WHEN/WHERE

Families Under Fire takes place every year on the Monday and Tuesday following fall LDS general conference. It is held in the BYU Conference Center located on 770 E. University Parkway, Provo, Utah. This year's Families Under Fire will be held October 2–3, 2006.

WHY (comments from past participants)

"I enjoyed this conference so much. No parking problems! Not too overwhelming. Not too many choices of classes. Not rushing from building to building and fighting for seats. It's better than Education Week!"

"I had a great experience. Keep up the great work. I love all these pertaining to family but appreciate learning about other areas not normally talked about."

"My soul has been filled! Thank you! I feel supported and I have grown!"

ADMISSION AND STANDARDS

Continuing Education programs do not discriminate on the basis of race, gender, color, ethnic background, or national origin. All registrants must maintain the ideals and standards of the university while on campus. The Division of Continuing Education at Brigham Young University is committed to providing a learning atmosphere which reasonably accommodates persons with disabilities who are otherwise qualified.

BABIES



Please take crying babies out so that others can hear the presenters. There will be overflow rooms where you may listen to the sessions.

PEOPLE WITH DISABILITIES

Prior to registration, all applicants with disabilities are invited to discuss both the program requirements and available facilities with the program administrator. Call (801) 422-4853.



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FEEDBACK

[BYU.EDU](#) ▶ [Continuing Education](#) ▶ [Conferences & Workshops](#) ▶ [Families Under Fire](#) ▶ [Food and Lodging](#)

NAVIGATION

[Families Under Fire](#)

[Food and Lodging](#)

[Presenter Profiles](#)

[Rebroadcasts](#)

[Registration](#)

[Schedule](#)

[Financial Aid](#)

[Tuition and Credit](#)

[Transcripts](#)

[Contact Us](#)

TOOLS

 [Tell a Friend](#)

 [Printable View](#)

Food and Lodging

HOTELS

Rooms will be blocked at the following local hotel.

Please check back for a posting of additional hotels. Contact your hotel of choice. To get the BYU conference rate, mention the room rate stated here and that you are attending the Families Under Fire conference at BYU.



SUPER 8 MOTEL Provo/Orem/BYU (**\$49.00**)

1555 North Canyon Rd.

Provo, UT 84604

(801) 374-6020

Reservation with conference rate available until September 28, 2006

GROUND TRANSPORTATION

If you need transportation from the Salt Lake International Airport to Provo (approximately 50 miles), you may call Express Shuttle at (800) 397-0773 for ground travel information and to make reservations. If you are traveling by personal vehicle, take I-15 exit #272 (University Parkway) and proceed east. Stay on University Parkway. After crossing University Avenue you will see LaVell Edwards Stadium on your left. Continue straight up the hill, and you will pass the Marriott Center on your right. The next building on your right will be the Conference Center. No permit is required to park in this lot.

MEALS

A lunch card, which is good for two lunches at the Morris Center cafeteria, can be purchased for \$11.50 until **September 22, 2006**, when you register for Families Under Fire. If you have purchased this option, you will be given your lunch ticket when you check in. Arrangements for other meals must be made on your own.

For more information on lodging, dining, and local attractions, contact the Utah Valley Convention and Visitors Bureau at 1-800-222-UTAH or visit their Web site: www.utahvalley.org.



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FEEDBACK

[BYU.EDU](#) ▶ [Continuing Education](#) ▶ [Conferences & Workshops](#) ▶ [Families Under Fire](#) ▶ [Presenter Profiles](#)

NAVIGATION

[Families Under Fire](#)

[Food and Lodging](#)

[Presenter Profiles](#)

[Rebroadcasts](#)

[Registration](#)

[Schedule](#)

[Financial Aid](#)

[Tuition and Credit](#)

[Transcripts](#)

[Contact Us](#)

TOOLS

[Tell a Friend](#)

[Printable View](#)

Presenter Profiles

Randy L. Bott received his bachelor's degree in psychology and his master's degree in secondary education from Utah State University, and his doctorate in educational leadership from Brigham Young University. Brother Bott has taught for the Church Education System for twenty years in northern Utah and North Carolina and ten years at BYU. He has published seven books (five on missionary work, one on marriage, and one on what it means to be from the tribe of Ephraim) and five booklets in the "Comfort My Soul in Christ" series (marriage, parenting, dealing with depression, coping with the death of a loved one, and overcoming addictive behavior). He has had numerous articles and book chapters published. He is listed three times in *Who's Who Among American Teachers* and received the Outstanding Teacher Award at BYU 1997 and 1998 and the Circle of Honor Award, also at BYU. He was made an honorary member of Gold Key National Honor Society in 1999. Brother Bott has served as bishop of a BYU ward, high councilor, stake mission president (twice), counselor in two stake presidencies, and mission president in Fresno, California. He currently serves as a counselor in an MTC branch presidency. He is married to Vickie Pehrson, and they are the parents of six children—three girls and three boys (all six have served missions); they have twelve grandchildren.



John Craig Christensen has over thirty years' experience as a marriage and family therapist in private practice in Brigham City. He served on the Utah State Marriage and Family Therapy Licensure Board for ten years and is the past president of the Utah Association for Marriage and Family Therapy. He received his doctorate from Brigham Young University. He has been an adjunct instructor at Utah State and Weber State Universities and has presented seminars and workshops to numerous civic, community, and church organizations. He is currently presenting a series of seminars across the country on counseling couples with psychiatric disorders. He and his wife, Lou Ann, are the parents of six living children, and the grandparents of three. Brother Christensen is no stranger to loss. He lost his father while in his teens, and his mother died of cancer several years ago. Tragically, he and his wife, Lou Ann, have had three teenage daughters die suddenly. He has served in two bishoprics; has twice been elder's quorum president, young mens president, and gospel doctrine teacher; and has served on a high council. He was recently released as the high priest group leader and

currently teaches the CTR 8 Primary class with his wife.

Lou Ann N. Christensen is serving in her second term as the mayor of Brigham City. She served on the Brigham City Council for six years prior to that. She has chaired and served on numerous state, regional, and local boards. In 1987 Brother and Sister Christensen's daughters, Carrie, age 16, and Sarah, age 14, were killed in a car-train accident along with two of their daughters' best friends. Again in 1993, the unthinkable happened, when their daughter Robin, age 16, died suddenly from Neisseria Meningitis. Sister Christensen was very close to her father who was also killed by a train in an industrial accident in 1985. As a direct result of these losses, she cofounded and was chapter leader of the Compassionate Friends of Box Elder County. She also was instrumental (with a group of citizen volunteers) in the development of CPYO (Community Pro-Youth Organization) which focused on youth challenges. She rallied the citizens of Brigham City to take a stronger position in helping and mentoring the youth of the community. This organization grew to become the Lincoln Center and the Boys' and Girls' Club of Box Elder County. As mayor she has implemented the Youth Commission Taking Actions for Generations Team which has strengthening families as its mission. Because of her service, she received the 2000 Red Wagon Award, from Robert K. Goodwin, national president and CEO of the Points of Light Foundation, and she was the first woman to receive the Woman in Action Award sponsored by the YWCA of Box Elder County. She received the "Woman in Politics" Mattie Wattis Harris Award in 2003. Lou Ann received her BA degree from Brigham Young University in communications. She has presented in numerous workshops and seminars and is a popular public speaker. She has served in her ward Relief Society and Primary presidencies, was president of her ward's Young Women, was recently the Gospel Doctrine teacher, and currently teaches Primary with her husband.

Victor B. Cline and his wife, Lois, are the parents of nine children. He has a doctorate in psychology from the University of California—Berkeley. Brother Cline is currently in partial retirement as professor emeritus of psychology from the University of Utah engaged in a limited clinical practice. He is the author of nearly 80 publications, books, and articles, including three books in the area of media effects, parenting, and enhancing marriage relationships. He has also been president (with his wife and Dr. and Mrs. Dean Connolly) of Marriage and Family Enrichment, which has conducted marriage enhancement seminars locally and nationwide for over 25 years. Both he and his wife have been active lifelong in their LDS Church affiliation. They served a mission in England, and Brother Cline currently teaches in a priesthood capacity.

Lorie D. Fowlke received her bachelor's degree in law enforcement and her juris doctorate from Brigham Young University. She was the first female police officer in Santa Barbara, California, and is now employed as an attorney at Scribner & McCandless and as court mediator in Provo, Utah. She is running for re-election to a second term in the Utah House of Representatives. Sister Fowlke is the author of the book and DVD *Thinking Divorce? Think Again*, with a foreword by Stephen Covey. She has been the Gospel Doctrine teacher and Young Women president in her ward and is now a Primary teacher. She lives in Orem, Utah, with her family, two horses, and a yellow lab, Gizmo. She has been married to Will for 29 years, and they have six children, ages 16–29, and one beautiful granddaughter.

Julie de Azevedo wears many hats. As a multi-award-winning singer and songwriter, she is known for her insightful, realistic, and uplifting lyrics. Honors include 2003 Utah Best of State Female Vocalist and nine Pearl Awards from the Faith-Centered Music Association. Her song "Mercy's Arms" was recorded by the legendary Gladys Knight. She has written hundreds of songs over the past 20 years that have been heard on numerous compilation projects, including many Especially for Youth CDs. Her eighth solo CD, *Home*, has been nominated for a 2006 Pearl Award for Contemporary Album of the Year. *Home* explores the challenges and joys of heavenly and earthly

relationships. She earned a bachelor's in psychology and a master of social work degree, both from the University of Utah. She is a licensed clinical social worker and the owner of Wasatch Family Therapy, LLC, which specializes in providing effective psychotherapy to LDS women and families. She frequently speaks at community and church events to help reduce stigma and raise awareness of mental health issues. Sister Hanks currently teaches Sunday School. She and her husband, Jeff, have been married for seventeen years and have three wonderful children, with baby number four due in November.

Pamela H. Hansen graduated from Brigham Young University with a bachelor's degree in elementary education. She is a wellness consultant at Central Utah Clinic in Provo and serves on the Women's Advisory Board for Intermountain Health Care in the urban south region. She is the race director of the Running with Angels 5K/Fun Run and has published *Running with Angels* from Shadow Mountain Press. Sister Hansen is the Relief Society president. Her husband, Mark, is a professor in the Brigham Young University Business School. They have raised five children. Their oldest son is currently serving in the Zimbabwe Harare Mission, and their youngest daughter is eight years old. Pamela received the Matthew B. Roush Award which was given by the Women's Advisory Board from Utah Valley Regional Medical Center. She also received the Beacon of Hope Award, given by the board of directors in the urban south region of Intermountain Health Care.

Randy K. Hardman received a doctorate in counseling psychology from Brigham Young University in 1984. He has been a licensed psychologist for twenty-two years. He is married to Aline Johnson, and they have six children and two grandchildren. They currently reside in Lindon, Utah. He is a founder and has been director of the Center for Change in Orem—an inpatient and residential treatment center for people with eating disorders—since 1996. He is the co-author of *Spiritual Approaches in the Treatment of Women with Eating Disorders*, American Psychological Association (APA books), August 2006. He has coauthored many professional journal articles on eating disorders and spirituality and is the coauthor of a high school curriculum on eating disorders. Brother Hardman is the high priest group leader in his ward.

Julie H. Haupt is a part-time faculty member in Brigham Young University's School of Family Life. She served as the managing editor of the Deseret Book publication *Helping and Healing Our Families* and teaches the BYU campus course on the proclamation on the family. She and her husband, Bob, are parents of three daughters. She currently serves as the Relief Society president in her ward.

Paul and Gretchen Holland live in Fort Collins, Colorado, and are the parents of four daughters, the oldest of whom has several disabilities. Brother Holland is a software engineer, and Sister Holland has a degree in human development. They offer two distinct perspectives on the challenge of raising a family, particularly when the dynamics of disability exist. They have presented at numerous state parent conferences sponsored by the Colorado Department of Education and continue to share their story whenever asked.

Gregory A. Hudnall received his bachelor's degree in social work from Brigham Young University and a master's degree in social work from the University of Utah. He was the principal of Independence High School, Provo's alternative school, for eleven years. Currently the director of Student Services for Provo City School District, he has been a public educator with Provo for the past twenty-three years specializing in helping at-risk students. He serves as the executive director for Utah County HOPE Task Force and a member of the state of Utah Suicide Prevention Task Force. He is also an adjunct professor at BYU. Brother Hundall is a former bishop and currently serves in a stake Young Men presidency. He and his wife, MiLinda, have been married for twenty-five

years and have four children and a new grandchild.

Shondell Knowlton received her master's and doctoral degrees in marriage and family therapy from Brigham Young University. She received graduate research and Sant fellowships for research benefiting the family, and she is currently working on a book and a Web site about Post-Traumatic relationship disorder. She is currently in private practice in Farmington, Utah. She serves as the Laurel advisor in her ward. Sister Knowlton has been married to her husband, Brad Knowlton, for thirty-one years, and they have four children and six grandchildren.

J. Kelly McCoy has long been fascinated with the adolescent experience and the adventures and challenges that are a part of this period of development. In particular, he is interested in the intertwining of relationships that occurs in adolescents' lives. His research focus is on adolescents' relationships with their parents, siblings, and friends, with a particular interest in parents' involvement in adolescents' friendships. He is interested in how these different relationship contexts are important to adolescents' ability to establish healthy attitudes and habits about money, and to young women's likelihood of developing an eating disorder. He is also interested in the therapeutic potential that family recreation can have on adolescents' well-being. Brother McCoy received his masters degree in family and human development from Utah State University in 1987, and his PhD in child and family development at the University of Georgia in 1992. He has been an assistant professor in the School of Family Life at Brigham Young University since 1996. Brother McCoy has been married to Darla Dawn Montgomery for the past 25 years, and they are the proud parents of five terrific children (four girls and one boy) who range in age from 5 to 20.

Leslie W. Pardew is a video game and entertainment industry veteran with over eighteen years of industry experience. His work in the industry includes more than 120 video game titles. He currently serves as president of Alpine Studios, which he founded with Ross Wolfley in the fall of 2000. Brother Pardew currently serves as bishop of the BYU 111th Ward and has served as a bishop's counselor, ward executive secretary, elders quorum president, Scoutmaster, ward mission leader, and Primary teacher. He married his wife, Kim, in 1980, and they are the parents of five children. He is active in the community and has served in numerous capacities, including chair of the Utah Valley Entrepreneurial Forum, board of directors, Utah Valley Entrepreneurial Forum; adjunct faculty, BYU Marriott School of Management; adjunct faculty, ITT Technical Institute; and speaker at numerous trade events. He earned a bachelor of fine arts degree in illustration from BYU in 1984 and is the author of *Game Art for Teens*, *Beginning Illustration and Storyboarding*, *Game Design for Teens* (coauthor), *Mastering Digital 2D and 3D Art* (coauthor), *The Animation Reference Book* (coauthor), *Basic Drawing for Games*, *Game Art for Teens 2nd Edition*, *Beginning Game Art in 3ds Max* (coauthor), *3ds Max and Maya Side-by-Side* (coauthor), and *Everyone Should Draw*.

Judith Rasband's priorities include husband, Neil Rasband; four children, fourteen grandchildren; and her Gospel Doctrine Sunday school class. She holds an master's degree, specializes in the artistic, social, and psychological aspects of dress. With 40 years' experience in education and consulting, she is director of the Conselle Institute of Image Management and the author of numerous text and trade books as well as with articles published in the *Wall Street Journal*, *USA Today*, *Glamour*, *Threads*, *Sew News*, *Image Update*, *Woman's Day*, *Parents*, *Entrepreneur*, *Smart Money*, and more. A guest on *Oprah*, *Good Morning America*, and the *Today show*, Sister Rasband is known for accurate and practical information, lively seminar presentations, and contagious enthusiasm for her subject. She makes a difference! For practical image information, go to www.ldsimageintegrity.info and www.conselle.com. Contact her at Judith@conselle.com.

Jini L. Roby grew up in South Korea and was adopted at age fourteen by an LDS family in Southern Utah. In this process she inherited a proud dual heritage of Korean aristocracy on the biological side and valiant Mormon pioneers on the adoptive side. She and her husband, Dr. C. Y. Roby, have been married for thirty-one years and are the parents of three adult daughters, two of whom were adopted from Korea at infancy. Sister Roby holds master's degrees in social work and marriage and family therapy and is a 1990 graduate of the J. Reuben Clark School of Law at Brigham Young University. Before coming to teach at BYU in 1998, she practiced both social work and law, most of which focused on child welfare, particularly domestic and international adoption. She is currently an associate professor in the School of Social Work at BYU where she teaches and researches in the area of domestic social welfare policy and international child welfare. Orphans and vulnerable children are her special areas of focus. She has published widely on these topics in national and international venues and has consulted with several governments on their adoption laws. She has received awards from Utah's governor, Korea's national ministry, and others for her service to children and community. She is currently the teacher improvement instructor in her ward.

John W. Welch is the Robert K. Thomas Professor of Law at the J. Reuben Clark Law School, where he has taught tax, business, and legal history since 1980. He was educated at Brigham Young University, earning degrees in history and classical languages. He studied Greek philosophy at Oxford University for two years as a Woodrow Wilson Fellow and then earned his law degree at Duke University, where he served as an editor of the *Duke Law Journal*. He practiced law in the tax area in Los Angeles at O'Melveny and Myers for five years before joining the BYU faculty. Since 1991, he has served as the editor in chief of *BYU Studies*, the leading Latter-day Saint scholarly journal. He still serves in the FARMS (Foundation for Ancient Research and Mormon Studies) organization, which he founded in 1979. He has been the director of publications for BYU's Joseph Fielding Smith Institute for Latter-day Saint History, the general editor of the *Collected Works of Hugh Nibley*, a member of the board of editors for Macmillan's *Encyclopedia of Mormonism*, and a codirector of the Masada and Dead Sea Scrolls Exhibition at BYU in 1997. He also directs program units for the Biblical Law Section of the Society of Biblical Literature. He has authored, coauthored, or edited a number of books and articles, including well-known LDS works on chiasmus, the Sermon on the Mount, and the parable of the Good Samaritan. He is married to Jeannie Sutton, who teaches French and supervises the Foreign Language Student Residence at BYU. They have four children and nine grandchildren. Raised in Southern California, Brother Welch was a missionary in south Germany in the 1960s, where he discovered chiasmus in the Book of Mormon. He has recently been released as the bishop of the Edgemont 14th Ward in Provo, Utah.

Brad Wilcox is an associate professor of teacher education at Brigham Young University, where he also works with programs such as Especially for Youth and Campus Education Week. He and his wife, Debi, have four children and recently returned from the Chile Santiago East Mission over which he presided.



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FEEDBACK

[BYU.EDU](#) ▶ [Continuing Education](#) ▶ [Conferences & Workshops](#) ▶ [Families Under Fire](#) ▶ [Rebroadcasts](#)

NAVIGATION

[Families Under Fire](#)

[Food and Lodging](#)

[Presenter Profiles](#)

[Rebroadcasts](#)

[Registration](#)

[Schedule](#)

[Financial Aid](#)

[Tuition and Credit](#)

[Transcripts](#)

[Contact Us](#)

TOOLS

 [Tell a Friend](#)

 [Printable View](#)

Rebroadcasts

BYUTV and KBYU will show rebroadcasts of past talks from Families Under Fire.

To check their schedule, go to www.byubroadcasting.org.





FAMILIES UNDER FIRE

"In the Quiet Heart is Hidden Sorrow That"

FEEDBACK

BYU.EDU ▶ Continuing Education ▶ Conferences & Workshops ▶ Families Under Fire ▶ Registration

NAVIGATION

Families Under Fire

Food and Lodging

Presenter Profiles

Rebroadcasts

Registration

Schedule

Financial Aid

Tuition and Credit

Transcripts

Contact Us

TOOLS

 Tell a Friend

 Printable View

Registration

REGISTRATION FEES

- \$70.00—**Individual Registration**
- \$105.00—**Married Couple Registration** (not available on the Web. Please call 801-422-8925.)
- \$168.00—**Credit Registration.** Marriage, Family, and Human Development 595R (1 credit), which includes the conference fee
- \$11.50—**Two Lunches** at the Morris Center cafeteria (purchase by September 22, 2006)
- \$15.00—**Syllabus Only** option. If you are unable to attend the conference, you may purchase a syllabus (paper or PDF format) from this conference for \$15. You may do so by choosing the *Syllabus Only* option after clicking the Register button. The syllabus is included in the conference fee if you are attending.



Benefits Statement for Full-Time Employees—Course tuition may be paid through the Benefits Office for eligible university employees and spouses. Please call (801) 422-8925.

Four convenient ways to register:

1. Online, VISA, Discover, and MasterCard payments are accepted.
2. By phone at (801) 422-8925. VISA, Discover, and MasterCard payments are accepted, 8:00 a.m. to 5:00 p.m. on weekdays.
3. In person at 136 Harman Continuing Education Building, 8:00 a.m. to 5:00 p.m. on weekdays.
4. Fax your [registration form](#) to (801) 422-0730 or Mail your [form](#) with payment to:

BYU Conferences and Workshops
136 Harman Continuing Education Building
Provo, UT 84602-1516

RECEIPT

A map, receipt of payment, and confirmation letter will be sent to you upon receipt of your registration. For more information, call (801) 422-4853.

CHECK-IN

Registration/check-in will be in room 2297B of the BYU Conference Center starting at 7:30 a.m. Monday, October 2, 2006. There will be signs posted in the building to direct you. Your registration materials and a name tag will be available at the registration area.

CANCELLATIONS AND REFUNDS

A full refund minus a \$10 processing fee will be granted until **September 22, 2006**. After that date, refunds cannot be given. You may arrange for a substitute to attend the conference without any penalty.

FERPA POLICY

By an act of Congress, the Family Educational Rights and Privacy Act (FERPA) protects the privacy of your educational record. In order to be in compliance with FERPA, we require your Social Security number before releasing any personally identifiable or educational information to you. Please do not ask spouse, friends, or relatives to request this information for you.



FAMILIES UNDER FIRE

"In the Quiet Heart is Hidden Sorrow That the Eye Can't See"

FEEDBACK

[BYU.EDU](#) | [Continuing Education](#) | [Conferences & Workshops](#) | [Families Under Fire](#) | [Schedule](#)

NAVIGATION

- [Families Under Fire](#)
- [Food and Lodging](#)
- [Presenter Profiles](#)
- [Rebroadcasts](#)
- [Registration](#)
- [Schedule](#)
- [Financial Aid](#)
- [Tuition and Credit](#)
- [Transcripts](#)
- [Contact Us](#)

TOOLS

- [Tell a Friend](#)
- [Printable View](#)

Schedule

Classes will be held from 8:00 a.m.–5:00 p.m. on Monday, October 2, and from 9:00 a.m.–5:00 p.m. on Tuesday, October 3, with a lunch break each day from noon–1:30 p.m. Lunch is not provided.

Families Under Fire 2006

Monday, October 2, 2006

In the Quiet Heart Is Hidden Sorrow That the Eye Can't See

Time	Room 2254 (Overflow into 2279)	Room 2258 (Overflow into 2283)	Room 2260 (Overflow into 2285)
8:00–8:50 a.m.	<i>Marriage and Parenting From an Eternal Perspective</i> Randy L. Bott Auditorium Room 2254		
9:00–9:50 a.m.	<i>Hear Them Cry</i> Brad Wilcox with special appearance by Kenneth Cope Auditorium Room 2254		
9:50–10:10 a.m.	Refreshment Break Hall/Patio CONF		
10:10–11:00 a.m.	<i>The Dangers of Violence and Immortality in Video Games</i> Leslie W. Pardew	<i>We Can Triumph Over Adversity as We Run Life's Marathons—One Step at a Time</i> Pamela H. Hansen	<i>Secrets of a Marriage Counselor</i> Victor B. Cline
11:10 a.m.–noon	<i>The Dangers of Violence and Immortality in Video Games</i> Leslie W. Pardew	<i>We Can Triumph Over Adversity as We Run Life's Marathons—One Step at a Time</i> Pamela H. Hansen	<i>Secrets of a Marriage Counselor</i> Victor B. Cline
Noon–1:00 p.m.	Lunch Break		

1:00–1:50 p.m.	<i>Parenting Difficult Teenagers</i> J. Kelly McCoy	<i>Thinking Divorce? Think Again!</i> Lorie D. Fowlke	<i>Parenting a Child With a Disability and Rebuilding Dreams</i> Paul and Gretchen Holland
2:00–2:50 p.m.	<i>Parenting Difficult Teenagers</i> J. Kelly McCoy	<i>Thinking Divorce? Think Again!</i> Lorie D. Fowlke	<i>Parenting a Child With a Disability and Rebuilding Dreams</i> Paul and Gretchen Holland
3:00–3:50 p.m.	Question and Answer Panel—Room 2254		
	Break-Out Session Speakers		
4:00–4:50 p.m.	<i>Sorrow That the Mind “Can” See</i> John W. Welch Auditorium Room 2254		

Tuesday, October 3, 2006

Time	Room 2254 (Overflow into 2279)	Room 2258 (Overflow into 2283)	Room 2260 (Overflow into 2285)
9:00–9:50 a.m.	<i>Hope as a Relief to the Wounded Heart</i> John Craig and Lou Ann N. Christensen Auditorium Room 2254		
9:50–10:10 a.m.	Refreshment Break Hall/Patio CONF		
10:10–11:00 a.m.	<i>“Ye Will Teach Them to Love One Another and to Serve One Another”: Addressing the Roots of Contention in the Home</i> Julie H. Haupt	<i>A Spiritual Approach to Changing the False Pursuits and Mending the Broken Hearts of Women with Eating Disorders</i> Randy K. Hardman	<i>Understanding Depression: Taming the Monster in the Closet</i> Shondell Knowlton
11:10 a.m.–noon	<i>“Ye Will Teach Them to Love One Another and to Serve One Another”: Addressing the Roots of Contention in the Home</i> Julie H. Haupt	<i>A Spiritual Approach to Changing the False Pursuits and Mending the Broken Hearts of Women with Eating Disorders</i> Randy K. Hardman	<i>Understanding Depression: Taming the Monster in the Closet</i> Shondell Knowlton
Noon–1:00 p.m.	Lunch Break		
1:00–1:50 p.m.	<i>Protecting Your Family From Suicide—An LDS Perspective</i> Gregory A. Hudnall	<i>The Joys and Challenges of Raising Adopted Children</i> Jini L. Roby	<i>Concepts and Materials for Teaching Modesty</i> Judith Rasband

2:00–2:50 p.m.	<i>Protecting Your Family From Suicide —An LDS Perspective</i> Gregory A. Hudnall	<i>The Joys and Challenges of Raising Adopted Children</i> Jini L. Roby	<i>Concepts and Materials for Teaching Modesty</i> Judith Rasband
3:00–3:50 p.m.	Question and Answer Panel—Room 2254 Break-Out Session Speakers		
4:00–4:50 p.m.	<i>Home: Strengthening Heavenly & Earthly Relationships</i> Julie de Azevedo Room 2258–2260		



FAMILIES UNDER FIRE

"In the Quiet Heart is Hidden Sorrow"

FEEDBACK

[BYU.EDU](#) ▶ [Continuing Education](#) ▶ [Conferences & Workshops](#) ▶ [Families Under Fire](#) ▶ [Financial Aid](#)

NAVIGATION

[Families Under Fire](#)

[Food and Lodging](#)

[Presenter Profiles](#)

[Rebroadcasts](#)

[Registration](#)

[Schedule](#)

[Financial Aid](#)

[Tuition and Credit](#)

[Transcripts](#)

[Contact Us](#)

TOOLS

 [Tell a Friend](#)

 [Printable View](#)

Financial Aid

A limited amount of financial aid will be available for those who desire to attend but are financially unable to do so. Waivers cover part or full tuition for the two-day conference, but do not include travel, housing, food, child care, etc. Applications are available by calling (801) 422-4853 or e-mailing cw136@byu.edu.





FAMILIES UNDER FIRE

"In the Quiet Heart is Hidden Sorrow The"

FEEDBACK

BYU.EDU | Continuing Education | Conferences & Workshops | Families Under Fire | Tuition and Credit

NAVIGATION

Families Under Fire

Food and Lodging

Presenter Profiles

Rebroadcasts

Registration

Schedule

Financial Aid

Tuition and Credit

Transcripts

Contact Us

TOOLS

Tell a Friend

Printable View

Tuition and Credit

\$70—Individual Registration

\$105—Married Couple

Registration (please call 801-422-8925)

\$168—Marriage, Family, and Human Development 595R (1 credit), which includes the conference fee

CANCELLATIONS AND REFUNDS

Full refunds minus a \$10

processing fee will be granted until Friday, September 22, 2006, at 5:00 p.m. After that date refunds cannot be given. You may arrange for a substitute to attend the conference without any penalty.



CREDIT REQUIREMENTS

Marriage, Family, and Human Development 595R (1 credit)

1. Read one of the following books and write a three- to five-page book report. You must obtain the book you choose on your own.

***IF YOU RECEIVED CREDIT IN PREVIOUS YEARS, YOU MUST CHOOSE A DIFFERENT BOOK THAN YOU USED BEFORE.**

Nikki Babbit (2000). *Adolescent Drug & Alcohol Abuse: How to Spot It, Stop It, and Get Help for Your Family*. O'Reilly and Associates.

Claire Berman (2001). *Caring for Yourself While Caring for Your Aging Parents: How to Help, How to Survive*. Diane Publishing Company.

David D. Burns and Aaron Beck (1999). *Feeling Good: The New Mood Therapy*. Morrow Publishers.

Peter H. Buntman (1998). *Living with ADHD Children*. Center for Family Life.

Dominic Capello and Xenia G. Becher (2001). *Ten Talks Parents Must Have with Their Children About Drugs & Choices*. New York, NY: Hyperion.

Kathleen Fox (1998). *Making the Best of Second Best: A Guide to Positive Stepparenting*. Foxcraft, Inc.

John M. Gottman (1998). *Raising an Emotionally Intelligent Child*. Fireside Publishers.

David Allen Karp (2001). *The Burden of Sympathy: How Families Cope with Mental Illness*. Oxford University Press.

Michele Siegel, Judith Brisman, and Margot Weinshel (1997). *Surviving an Eating Disorder: Strategies for Family and Friends*. NY: Harper.

Judith S. Wallerstein, Sandra Blakeslee, and Julia M. Lewis (2000). *The Unexpected Legacy of Divorce: The 25 Year Landmark Study*. NY: Hyperion.

Wendy Watson (2001). *Purity and Passion: Truths About Intimacy That Will Strengthen Your Marriage*. Salt Lake City, UT: Bookcraft.

2. Attend all sessions of the conference and take detailed notes on all presentations.
3. Write a five- to ten-page paper, double-spaced, describing the following:
 - a. One important idea you want to apply in your life from each session.
 - b. The development of a plan for applying these ideas.
 - c. Any results you have seen during the time since you attended the conference.
4. Send or deliver finished papers **by 4:00 p.m. on Monday, November 13, 2006**, to:

*BYU Conferences and Workshops
136 Harman Continuing Education Building
Provo, UT 84602-1516*

GRADING CRITERIA—If the book report and the paper show a grasp of the key ideas from the book and the conference presentations, and if the requirement for attendance at all sessions is met, you will receive a letter grade. If you fail to complete all requirements, an E will be placed on your BYU transcript. This may affect future classes and registration at BYU.

FINAL GRADES—Your grade is confidential. To receive your final grade, please call the BYU Records Office at (801) 422-2631. Grades will be available in January 2007, following fall semester.